

Dear Parents

SICKNESS GUIDELINES FOR PARENTS

As winter approaches and children are more prone to illness, we would like to give parents some guidelines regarding when to bring children with common ailments to school and when to keep them at home.

We have already noticed a significant drop in attendance in the last two weeks, and our aim is to provide guidelines that ensure that really poorly children are kept at home, and other children are protected from infection as much as possible, whilst maintaining a good overall attendance.

Temperatures

A child with a temperature should NEVER be brought to school. DO NOT give them Calpol and then bring them to school because they seem better. They will invariably be poorly again by lunchtime, and will have infected other children with their germs.

Sickness and/or Diarrhoea

A child who has had sickness or diarrhoea should not be brought to school for **48 hours** following the last bout of illness.

Coughs and colds

Children may attend school with a simple cough and cold as long as you consider that they are well enough in themselves. A child who is coughing so much that they are vomiting should stay at home, as should a child with a very runny nose or who is sneezing a lot.

Conjunctivitis

Children who have sore eyes should be seen by a GP or pharmacist before coming to school to check if they have conjunctivitis.

Chicken pox

Children may return to school as soon as the spots have crusted over and dried up. It is not necessary to wait until all the spots have disappeared.

Please contact the school office if you would like further advice on health matters.