

Are you a Parent/Carer of a child with Autism who has a sibling or siblings?

I will be holding a webinar on how to support siblings on Wednesday 22nd June 2022 from 9.30am to 11am

The webinar will include:

Helping the sibling to understand Autism

Promoting positive relationships

Enhancing family life

Discuss and share issues and experiences



If you would like to register for a place then please complete the registration form by following this link. Places will be limited to thirty. <https://forms.gle/TeB44ZedFWyCaZ4J8>

Please contact Jane Pidduck jpiddu2@grandavenue.kingston.sch.uk if you would like more information.

ASD

Parent/Carer Support Group



Friday 8th July 2022

9.45 to 11am

Virtual Meeting via Google Meet

This meeting will be a general chat and support for each other as well as thinking about the Summer Holidays

If you would like to join please register by following this link:
<https://forms.gle/Cfohptfnk16JfPA46>

or

Jane Pidduck (e-mail jpiddu2@grandavenue.kingston.sch.uk)

The poster features a pink header bar at the top. Below it, a speech bubble contains the text 'Autism Seminars for Families'. To the right is a stylized drawing of a person with their arms raised, holding a large red ribbon that loops around their neck and extends downwards. Below the drawing, the text reads 'Managing Anger' and 'Supporting families to manage anxiety, distressed behaviours and meltdowns'. A red-bordered box on the left contains the text: 'Now delivered virtually as a webinar on Wednesday 20th July from 9.30 to 11.30am'. At the bottom right of the poster, there is a small text label 'Seminars - Managing Anger'.

About the Webinar

'Managing Anger' is one of the Autism Seminars for Families which provides information and advice to parents and carers of children and young people with autism. It is a live webinar and will not be recorded.

The webinar will help families to:

- > discuss why children with autism often have challenges with distressed behaviour and anger
- > identify a low arousal approach for support through stressful situations
- > explore the cycle of anger and possible support strategies
- > examine strategies for managing feelings.

Seminar cost?

The cost is free while the seminars are being delivered as a shortened webinar and will be limited to 30 people on a first come first served basis.

How to book a place

Please complete the registration form by following this link –

<https://forms.gle/Y4VsvoYeXuhQ9CT79>

or contact the webinar facilitator below for more information.

Name: Jane Pidduck

Email: jpiddle2@grandavenue.kingston.sch.uk

Telephone: 020 8399 5344

As places are limited please only book a place if you are able to attend and let me know ASAP if you know that you can no longer attend, so that I can give that place to someone else.