

Lesson 1



Safer Internet Day 2021

Example Reading Comprehension

Activity:

Choose your personal challenge level from three different options.

easy

medium

hard



Read the text first and then complete the questions on the sheet using **FULL SENTENCES**.



Circle the key words in the question and scan the text to find them to help you find the answer!



Safer Internet Day 2021

Safer Internet Day is on Tuesday 9th February 2021.

What Happens?

We learn about how to stay safe online on this day.

Can We Trust What We See?

The Internet is very helpful. We can:

- watch funny videos
- play games
- learn new facts

What Is Trust?
Trust means you believe that it is true.



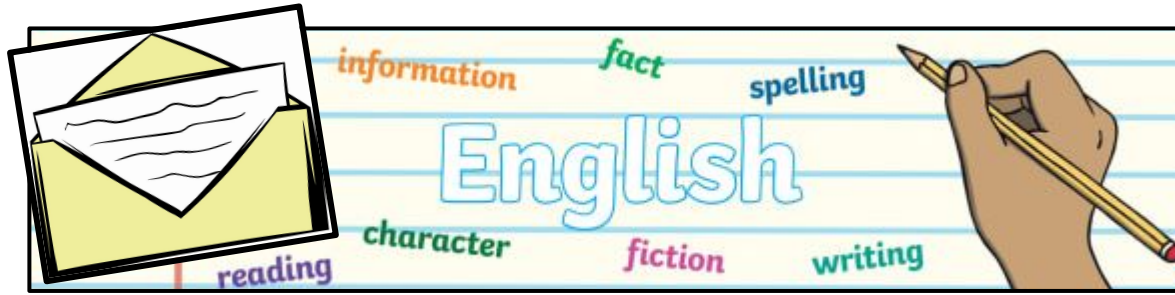
But some videos or pictures are not real. Sometimes they are. Sometimes they cannot trust. Sometimes they are shared that isn't true.

Questions

1. What is happening on Tuesday 9th February 2021? Tick one.
 - ☐ Safer Internet Day
 - ☐ World Water Day
 - ☐ World Internet Day
2. What happens on Safer Internet Day? Tick one.
 - ☐ We watch funny videos.
 - ☐ We read a book.
 - ☐ We learn about how to stay safe when we are online.

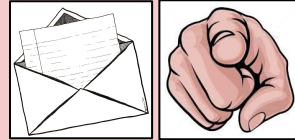
Safer Internet Day 2021

Lesson 2



FLASH
BACK

Today we will be reminding ourselves of the main features of a letter.

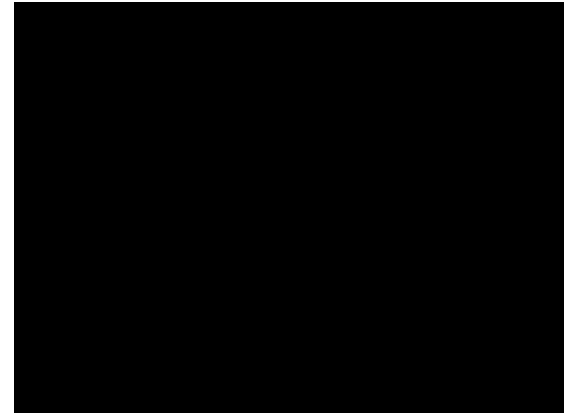


Your turn first:

Can you write down
all the things that
you think need to be
included in a letter?



Can you remember
when we last wrote a
letter and why?



What features did you remember?

Can you find them on this letter?

Circle / **highlight** and label them.



Your turn!



Sunlight Hospital
Well Road
Hilltop Town
T11 234

12th March 2016

Dear Mr Jenner,

I am writing to inform you that an appointment has been made for the operation on your left knee.

The operation is on Tuesday 16th May at 10 o'clock. Please arrive at the hospital two hours before this time and come straight to the Knee Clinic.

Please make sure you have packed an overnight bag because you will have to stay in the hospital for two nights. We suggest you bring your softest pyjamas, a book and comfortable slippers but don't bring anything valuable such as tablets, laptops, watches or phones.

You must be careful after the operation and you will be given a walking frame to help you slowly move again.

If you have any questions or if you are unable to attend the appointment, please call the number below.

Yours faithfully,

M Hobbs

Did you find all of these features?

Sunlight Hospital
Well Road
Hilltop Town
T11 234

Address
Your address



Date



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If you have any questions or if you are unable to attend the appointment, please call the number below.

Yours faithfully,

M Hobbs

Name

Your signature or name

Opening
sentence

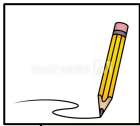
Explaining why you are writing the letter

Conclusion/
closing
sentence

A chance to repeat your reason for writing or a question for the recipient

Dear _____
The name of the person you are writing to (the recipient)

Yours faithfully/
sincerely
A polite way to sign off a letter



What's missing from this letter?


What good mistakes has the writer made?

How could he improve it?

PORTSMOUTH, 2020


DEAR WORLD,




THANKS for being there for me.

Giving me air to breathe, water to drink and food to eat. 

And CLOUDS, I've really enjoyed watching them out my window. 

And BIRDS. I've really enjoyed hearing their busy spring chatter.

And SUNSHINE. Brightening my day, warming my skin. 

And NIGHTTIME, Showing me other planets and stars, filling me with awe.   

I can't wait to get out and explore you again.

Best wishes

Neal



Activity:

Can you make a checklist of all the features that you will need to include in your letter that you write tomorrow?

Using your checklist, you can read back through your work and self-assess your own understanding!

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Activity:

Can you make a checklist of all the features that you will need to include in your letter that you write tomorrow?

Using your checklist, you can read back through your work and self-assess your own understanding!

Write in each key feature you want to include in your letter.

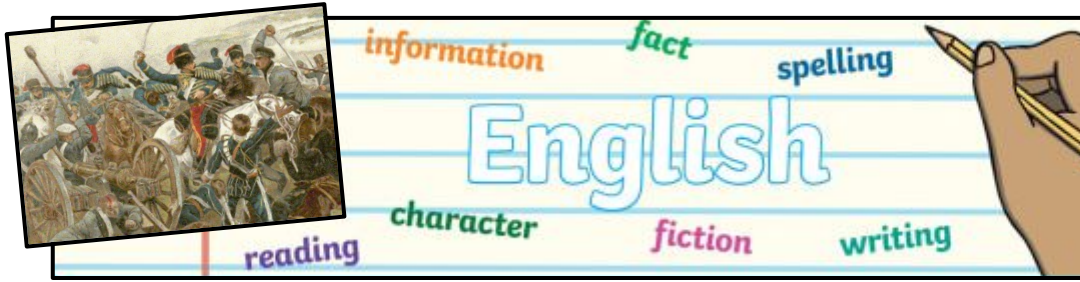
Leave the rest of the table blank for tomorrow.

Write in each key feature you want to include in your letter.

Leave the rest of the table blank for tomorrow.

[illegible]

Lesson 3



Today you will need to pretend to be a soldier from the Crimean War. You have survived and returned from Scutari and want the nurse who treated you to be rewarded with a Victoria Cross medal as recognition of her incredible bravery, courage and dedication to the cause.

Who looked after you when you were sick and injured?

Mary Seacole

or

Florence Nightingale?



Activity:

You will write a letter to Queen Victoria explaining what happened to you and why you feel your nurse is deserving of the Victoria Cross Medal.

Please upload your letter onto Google Classroom or Tapestry.



But what is the
Victoria Cross?



The Victoria Cross is a **medal**. It is the highest honour given and awarded to those who have shown **great bravery** and **courage** in the face of the enemy.



Queen Victoria presented the first Victoria Cross in 1857 in a ceremony in Hyde Park, London.



"...ordained with a view to place all persons on a perfectly equal footing in relation to eligibility for the Decoration, that neither rank, nor long service, nor wounds, nor any other circumstance or condition whatsoever, save the merit of conspicuous bravery shall be held to establish a sufficient claim to the honour."

You need to pretend you are a soldier from the Crimean War.

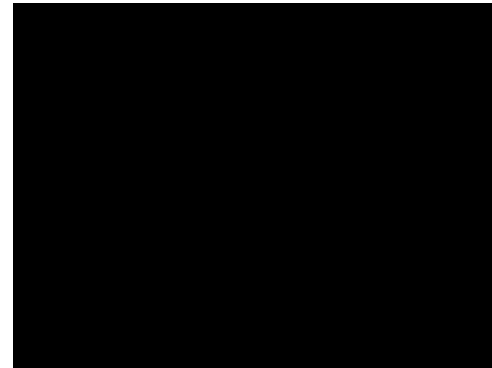
Imagine what you went through, how you were injured and who helped you get better so you could return home to your family.

Who looked after you when you were sick and injured?

Mary Seacole

or

Florence Nightingale?



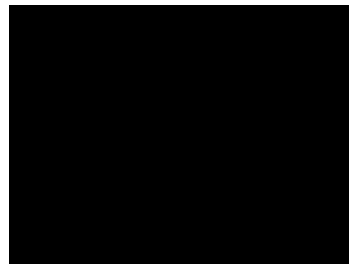
Think about:

- What did she do that made her special?
- How did she make you feel?
- What would have happened to you if she had not cared for you?





Let's think about our letter to HRH Queen Victoria and what each feature will look like for our letter.



Burlington Army Barracks,
Burlington Road,
New Malden,
KT3 4LT

HRH Queen Victoria

30th March 1856

Your majesty, I am writing to you to request...

I truly believe _____ is greatly deserving of a
Victoria Cross to recognise....

Yours sincerely, Sergeant Stebbings

Did I...	Child	Friend	Teacher
Structure and Language			
Sender's address			
Date			
Dear _____			
Opening sentence			
Conclusion			
Yours sincerely, _____			

Let's start our letter together.

Can you spot any of my good mistakes?

Burlington Army
Barracks,
Burlington Road,
New Malden
KT3 4LT

30th March 1856

dear HRH queen Victoria,

i am writing to you to make a request
for you to award the kind, brave nurse named
Mary Seacole with the highest honour of
the Victoria Cross. She is an incredible lady.

Let's start our letter together.

Can you spot any of my good mistakes?

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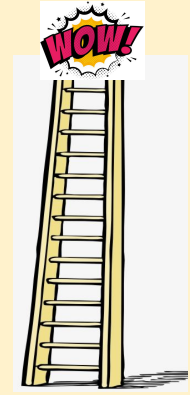
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the Victoria Cross. She is an incredible lady.

Activity:

You will write a letter to Queen Victoria explaining what happened to you and why you feel your nurse is deserving of the Victoria Cross Medal.

Use your **checklist** to help you structure your letter!



You could: Repeat and emphasise your point of view in your closing sentence.

You should: Give a reason why your chosen nurse should be given the medal.

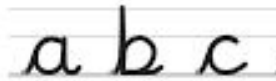
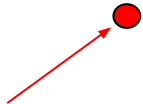
You must: Nominate your chosen nurse to receive the Victoria Cross.



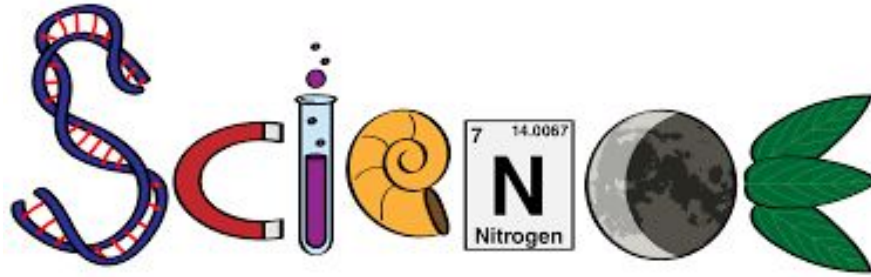
Did I...	Child	Friend	Teacher
Structure and Language			
Sender's address			
Date			
Dear _____			
Opening sentence			
Conclusion			
Yours sincerely, _____			

What makes amazing writing?

Please upload your letter onto Google Classroom or Tapestry.



Lesson 4



Science:

This half term we have been learning about the basic needs of humans and other animals (hygiene, water, food and air). We have also described the importance for humans of exercise and eating the right amounts of different types of food.

Activity:

Create a poster to encourage people to live a healthy lifestyle.

Please upload onto Tapestry or Google Classroom

Fruit and vegetables - help our bodies to work really well because they are good sources of vitamins and minerals.



Carbohydrates - starchy and very sugary foods. They give you energy.



Food and Drinks High / or Sugar
Eat less often and in small amounts.



Protein - help our bodies to grow and repair.

Dairy and alternatives - good source of protein, vitamins and calcium — essential for strong teeth and bones

Fats and Oils - fat is used as an energy store.



What do humans need to stay alive and healthy?



Do you remember Doctor Dan?
He was the Doctor who saw Stanley when he was flat.

He needs your help! Read this note from Mary.
What should Doctor Dan reply?



Hello Doctor Dan,

I am not taking part in any exercise. Can you tell me some activities I could take part in and also can you tell me how often I should exercise? What will happen to my heart rate when I take part in exercise?

Thank you,
Mary



Read this note from Sam.
What should Doctor Dan reply?



Hello Doctor Dan,

I always wash my hands after being at the toilet but please can you tell me other times I should be washing my hands. I am also trying to look after my teeth so I brush them twice a day but what else should I be doing?

Thank you,
Sam

Wash Your Hands After....

- 1  Playing with pets
- 2  Using the bathroom
- 3  Sneezing, blowing your nose & coughing
- 4  Touching a cut or open sore
- 5  Playing outside
- 6  AND Before... Eating



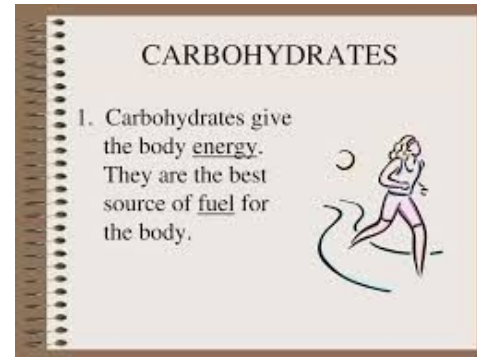
Read this note from Susan.
What should Doctor Dan reply?



Hello Doctor Dan,

I am trying to eat lots of different food types so that I am healthy. How many portions of fruit and vegetables should I be eating everyday? Why do I need to eat carbohydrates and protein?

Thank you,
Susan



Dr Dan would like some new posters that teach people how to stay healthy for his surgery and knows you are the right person for the job!
Let's look at a few posters and think about what we like about them.





When to Wash Your Hands

before eating



after touching animals



before cooking



after messy play



after using the toilet



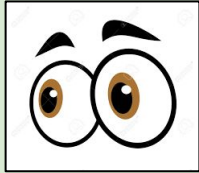
after you sneeze



Activity:

Create a poster to encourage people to live a healthy lifestyle.

We will be looking for...



Short snappy sentences or phrases

Pictures or photos

Bright and colourful

Neat presentation

Maybe you will use some bubble writing?

We can't wait to see your posters!
Please upload them onto Tapestry or
Google Classroom.

