

NOURISH NEWSLETTER

JULY 2026



SCHOOL CHEF OF THE YEAR

No trophy needed - Katie Ruffalls is a winner in our eyes! We were very proud to see Katie represent London for the second time at the School Chef of the Year finals in Birmingham this month. Serving up a stunning herby millet crusted coley and chocolate orange slice.

Nominations for School Chef of the Year will be opening again soon, so please get in touch with your operations manager if you would like to compete in the 2027 edition!

More information can be found [here](#).



KATIE RUFFLES AT THE SCOTY FINALS

THANK YOU

As another academic year comes to a close and we look ahead to the summer break, we are delighted to share some of the achievements, news, and developments from across the business.

We would also like to take this opportunity to thank everyone in the Nourish community for your continued support throughout the year. We are incredibly grateful to our team members, whose passion, dedication, and expertise help make Nourish what it is, and to our school partners for their ongoing trust, collaboration, and commitment.

We wish you a wonderful summer filled with happiness, good health, and well-deserved relaxation. We look forward to reconnecting with you and welcoming you back in September.

MARK

ANNETTE

FROM SEEDS TO SUCCESS

When Nourish donated seeds to one of our schools in Bromley, **Cook manager Elaine** took it upon herself to nurture their school garden from the ground up.

Since then, she has been recognised by the London **Children's Flower Society** who awarded £500 to the school!



CRAFT AMBASSADOR SPOTLIGHT

We celebrate our decorated team of Craft Ambassador Chefs, who have worked tirelessly to innovate on our menus, assist with functions, and trial future recipes.

Craft Ambassador Lili Ann debuted her delicious Caramel Flapjack dish this year, inspired by an idea that emerged whilst hosting a Breakfast Club session. Nourish Craft Ambassadors play a vital role in bringing fresh ideas and creativity to our menus. We are always hunting to expand our craft ambassador team, if you are interested in applying please contact your operations manager.



SUMMER FUN!

COME ON ENGLAND!

Celebrating the World Cup with passion and extravagance. Come on you Lions!

Despite getting knocked out at the semi-final stage, our teams worked hard across the schools to get behind the team!



STAFF CELEBRATIONS

We recently hosted our annual staff boat party, a brilliant celebration of all the wonderful people who make Nourish great. Our London teams took to the Thames, whilst our Norfolk teams are going to be cruising through the beautiful Norfolk Broads this Saturday! We thank every member of staff who was able to make it and join us in celebrating yet another fantastic year!



AWARDS SEASON!

HARLESTON SANCROFT ACADEMY AWARDS

Students at Harleston Sancroft Academy took part in the schools Flourish Awards. We showcased the menu to the parents and children. Our team were recognised by the school for their consistent standards as well as our warm and friendly customer service. We are super proud of the team!



NOURISH SUPPORTS NORWICH AWARDS NIGHT

Nourish recently catered for the Diocese of Norwich Education and Academies Trust's annual awards evening. This award recognises individuals and schools for their leadership, performance, and educational excellence.



NOURISH ARE SPONSORS OF JUNIOR CHEF OF THE YEAR AWARDS



FAMILY BUSINESS OF THE YEAR

Nourish was shortlisted for the family business of the year award, a national recognition honoring family-run enterprises across various industries.

After an outstanding awards ceremony, we secured the position of **runners up** in the London & South East category and ranked **ninth** nationally.



At Nourish, we're passionate about supporting ambition, dedication and the next generation of talent - which is why we're incredibly proud to be sponsoring LH Acrobatics as they represent England at the Dance World Cup in Dublin.

After qualifying among the top teams in the country in the Children's and Junior Acro categories, these talented athletes have earned the opportunity to compete against the very best dancers from more than 70 countries.

Supporting young people as they chase their dreams is at the heart of what we do, and we're honoured to play a small part in their journey to the world stage.

From everyone at Nourish, we wish the entire team the very best of luck in Dublin. Go out there, enjoy every moment, and make England proud!

Nourish - Grow with Us

CELEBRATING CREATIVITY, TASTY TREATS & SPECIAL EVENTS!



FARM TO FORK

From the kitchen to the classroom, our teams love educating children about where their food comes from.

HOGWARTS HAS NOTHING ON OUR LUNCH HALL!



POTTER NOURISH HITS NORFOLK

When the owls visit Norfolk, Mr Nourish makes sure he's there to greet them in uniform! A magical lunchtime in Norfolk, we think Arthur the owl approved of the menu!



FIGHTING FOOD WASTE

Food waste reduction has become a major focus in recent years, and pupils are increasingly eager to play an active role in this area. We are currently supporting three of our schools in developing their own approaches to raising awareness of food waste among pupils and the wider community.

At some of our schools, food waste is measured by house and those with the greatest reduction in waste are set to receive an end of year treat!



THE NEXT GENERATION OF CHEFS?

Year 6s at Edenbridge were treated to a cookery session this month, creating their own individual pizzas and inspiring the next generation of chefs.



NOURISH ATTENDS TEDDY BEAR PICNIC AT ST. PAUL'S

St Paul's Primary in Brentford enjoyed a visit from Gardener Nourish for their Teddy Bears Picnic Event!

EAT THEM TO DEFEAT THEM 2026 WAS A HUGE SUCCESS!

2026 marked Nourish's third year partnering with VEGPOWER and ITV to promote the fantastic 'Eat Them to Defeat Them' campaign.

We were blown away by the amazing recipes and displays produced throughout the campaign. Your incredible creations truly captured the spirit of the campaign. Especially well done to Telferscot Primary School, who won the Silver award whilst Pinner Park Primary brought home the Bronze Award.



WE WILL MOST DEFINITELY BE PARTNERING WITH VEGPOWER ACROSS ALL PRIMARY SCHOOLS IN 2027! WELL DONE TEAM NOURISH YOU REALLY ARE AMAZING!

FOLLOW US ON:



YOUR VOICE MATTERS!

We love hearing from the children and parents in our schools, and their feedback through surveys is invaluable! These insights help us understand what's working well and where we can improve, ensuring we create the best possible learning environment. From small tweaks to big ideas, every suggestion makes a difference.

A huge thank you to everyone who has taken the time to share their thoughts—it's amazing to see the community come together to shape the future of our schools. Keep the ideas coming!

