contract catering

FEBRUARY TO APRIL 2023



WEEK 1

20th Feb 20th Mar

MONDAY

Spaghetti Vegetable Bolognese 1 vg Shepherdess Pie 3 vg

> Sweetcorn **Peppers**

Fruit Pots or Yoghurt 7

TUESDAY

Chicken Curry Herby Tomato Pasta Twists 1 vg

> Rice Sliced Carrots

Fruit Pots or Yoghurt 7

Green Beans

WEDNESDAY

Minced Beef & Yorkshire Pudding 1,7,9 Boston Bean Stuffed Potato Skins 7 v

Rustic Roast Potatoes Broccoli, Diced Carrot

> Fruit Pots or Yoghurt 7

THURSDAY

Sausages 1,6 Cheese Penne 1,7 V

Mashed Potato Seasonal Vegetables

> Fruit Pots or Yoghurt 7

FRIDAY

Fish Fingers 1,8 No Meat Burger in a Bun 1,4,5 vg

> Chips, Baked Beans Peas. Cucumber Sticks

Ginger Biscuit 1,15 Fruit Pots Yoghurt 7

WEEK 2

27th Feb 27th Mar

Macaroni Cheese 1.7 v

Rice & Bean Burrito 1 Va

Baked Wedges Seasonal Vegetables

> Fruit Pots or Yoghurt 7

Sticky Chicken Stir Fry Noodles 1,3,9,16

Vegan Sausage Roll 1 va

Mashed Potato, Carrots Green Beans

> Fruit Pots or Yoghurt 7

Roast Pork & Gravy

No Meat Mince Puff 1.3 va

Rustic Roast Potatoes Cabbage, Sweetcorn

> Fruit Pots or Yoghurt 7

Mild Mexican Chilli 4 Cheese & Spring Onion Pasta Bows 1.7 v

> Rice, Cauliflower Carrots

> > Fruit Pots or Yoghurt 7

Fish Fingers 1,8 or Salmon Fishcakes 1,7,8 Maraherita Pizza 1.3.79 v

Chips, Baked Beans Peas, Coleslaw 9

Crispy Oaty Bar 1,6,15,16 Fruit Pots, Yoghurt 7

WEEK 3 6th Mar

Vegan Hot Dog 1,5 vg

Cauliflower & Chick Pea Curry & Rice vg

Baked Wedges Seasonal Vegetables

Fruit Pots or Yoghurt 7

Beef Stew & Dumpling 1 Tomato & Herb Shells 1 va

Cauliflower

Peas

Fruit Pots or Yoghurt 7 Roast Gammon & Gravy

Cheese & Onion Slice 1,7 v

Rustic Roast Potatoes Diced Carrots, Cabbage

> Fruit Pots or Yoghurt 7

Chicken Pie 1

Pesto Pasta 1.7 v

New Potatoes, Sweetcorn

Broccoli

Fruit Pots or Yoghurt 7

Fish Fingers 1,8 Cheese & Spinach Pinwheel 1,7 v

> Chips, Baked Beans Peas. Carrot Sticks

Toffee Apple Flapjack 1,15 Fruit Pots Yoghurt 7

WEEK 4

13th Mar

Margherita Pizza 1,3,7,9 v

Vegetable Paella vg

New Potatoes. Sweetcorn

Peppers

Fruit Pots or Yoghurt 7 Cottage Pie

Tomato Bows 1 vg

Cauliflower

Peas

Fruit Pots or Yoghurt 7

Roast Chicken & Gravy Meat Free Meatball Pasta 1,3 vg

> Rustic Roast Potatoes Broccoli, Sliced Carrots

> > Fruit Pots or Yoghurt 7

Bolognaise Shells 1 Cheesy Cajun Wedges 4,7 v

> Seasonal **Vegetables**

Fruit Pots or Yoghurt 7 Fish Fingers 1,8 Bruschetta 1.7 v

Chips, Baked Beans Peas. Coleslaw 9

Chocolate Cookie 1,15 Fruit Pots Yoghurt 7





REMEMBER... RECEPTION, YEAR 1 AND 2 ARE ENTITLED TO FREE SCHOOL MEALS. THIS EXCLUDES INDEPENDENT SCHOOLS



