OCTOBER 2025



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE

21ST APRIL 12TH MAY 9[™] JUNE 30[™] JUNE 21ST JULY 1ST SEPTEMBER 22ND SEPTEMBER 13TH OCTOBER

Mild Chilli Beef Tomato & Herb Penne Pasta 1 VG Jacket with a Choice Of Toppings 7,8,9

Rice, Mixed Peppers, Peas

Jammy Finger 1,6 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

Chicken Pesto Pasta Shells 1,7 Rice & Bean Burrito & Wedges 1 VG Jackets with a Choice of Toppings 7,8,9

Seasonal Vegetables

Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

Sausage Roll & Gravy 1,6 Vegetable Sausage & Gravy VG Jackets with a Choice of Toppings 7,8,9 Build-A-Bap **1,5,7,8,9**

Crushed Potato, Green Beans, Carrots

Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

Margherita Pizza 1,3,7 V Loaded Cajun Bean Wedges VG Jackets with a Choice of Toppings 7,8,9

Baked Wedges, Sweetcorn, Coleslaw 9

Sultana Cake 1VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

Fish Fingers 1,8 or Salmon Fish Cake 1,7,8 Cheese & Tomato Pinwheel 1,7 V Jackets with a Choice of Toppings 7,8,9

> Chips, Peas, Baked Beans, Cucumber

> > Caramel Cookie 1,7 Yoghurt 3.7 Fruit Pots VG

WEEK TWO

28TH APRIL 19TH MAY 16[™] JUNE 7[™] JULY 8TH SEPTEMBER 29TH SEPTEMBER 20TH OCTOBER

Vegetable Nuggets with Katsu Sauce Onion Bhajis VG

Rainbow Rice, Carrots, Peas

Jackets with a Choice of Toppings 7,8,9

Vanilla Sponge 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

Beef & Onion Pie 1 Cheesy Pasta Twists 1,7 V Jackets with a Choice of Toppings 7,8,9

> **Crushed Potatoes** Seasonal Vegetables

Chocolate & Mandarin Mousse 7,3 Mr Nourish Biscuit 1 VG Fruit Pots VG

Roast Chicken & Gravy Roasted Vegetable Hot Pot VG Jackets with a Choice of Toppings 7,8,9 Build-A-Bap **1,5,7,8,9**

> **Rustic Roast Potatoes** Broccoli, Carrots

Cornflake Cookie 1,3,7,16 Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

BBQ Pulled Pork Loaded Wedges Tomato Spaghetti 1 VG Jackets with a Choice of Toppings 7,8,9

Cauliflower, Peas, Coleslaw 9

Spiced Apple Focaccia 1,3 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

Chicken Bites 1 Cheese & Cauliflower Nuggets 7 V Jackets with a Choice of Toppings 7,8,9

Chips, Peas, Grated Carrot

Oaty Biscuit 1,15 VG Yoghurt 3,7 Fruit Pots VG

WEEK THREE

5TH MAY 2ND JUNE 23rd JUNE 14TH JULY 15TH SEPTEMBER 6TH OCTOBER

Pork & Beef Bolognaise Pasta Shells 1 Cheese & Pesto Swirl 1,7 V Jackets with a Choice of Toppings 7,8,9

> **Baked Wedges** Seasonal Vegetables

Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

Macaroni Cheese 1,7 V Coconut & Spinach Biryani 6 VG Jackets with a Choice of Toppings 7,8,9

Cauliflower, Mixed Peppers

Peach Sponge 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

Roast Gammon & Gravy Samosa Puff 1 VG Jackets with a Choice of Toppings 7,8,9 Build-A-Bap **1,5,7,8,9**

Rustic Roast Potatoes, Cabbage, Swede

Fruit Jelly **VG** Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

Caribbean Chicken Curry Herby Tomato Penne Pasta 1 VG Jackets with a Choice of Toppings 7,8,9

Rice, Green Beans, Carrots

Chocolate Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

Tuna Penne Pasta 1,7,8 Margherita Pizza 1,3,7 V Jackets with a Choice of Toppings 7,8,9

Chips, Peas, Sweetcorn, Coleslaw 9

Ginger Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

AVAILABLE 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

VEGGIES

Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.