



WEEK ONE

3 Nov

24 Nov

15 Dec 19 Jan

9 Feb 9 March

30 March

WEEK TWO

10 Nov 1 Dec

5 Jan

26 Jan

23 Feb

16 March

WEEK THREE

17 Nov 8 Dec 12 Jan

2 Feb

2 March

23 March

27 Oct

MONDAY

Chicken Pie 1 Pesto & Pea Pasta 1,7 V Jackets with a Choice of Toppings 7,8,9

> **Crushed Potato** Cauliflower, Carrots

Strawberry Mousse 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

Caribbean Brown Chicken Tomato Spaghetti 1 VG Jackets with a Choice of Toppings 7,8,9

> Rice, Carrots, Peas

Chocolate Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

Macaroni Cheese 1,7 V Sweet Potato & Chick Pea Curry VG Jackets with a Choice of Toppings 7,8,9

> Rice. Green Beans, Mixed Salad

Peach Crumble 1 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots **VG**

TUESDAY

Margherita Pizza 1,3,7 V Bean Biryani VG Jackets with a Choice of Toppings 7,8,9

> Rainbow Pasta 1 Seasonal Vegetables

Toffee Apple Pudding 1 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

Cheese & Broccoli Pasta Bake 1,7 V Vegan Sausage Roll 1 VG Jackets with a Choice of Toppings 7,8,9

Seasonal Vegetables

Plum Pudding 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

Chicken Noodles 1 BBQ Vegetable Burrito 1 VG Jackets with a Choice of Toppings 7,8,9

> Sweetcorn, Peppers

Chocolate Rice Pudding 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

WEDNESDAY

Roast Gammon & Gravy Broccoli Tots 1,7 V Jackets with a Choice of Toppings 7,8,9

> Rustic Roast Potatoes, Cabbage, Peas

Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

Roast Chicken & Gravy Ratatouille Puff 1,3 VG Jackets with a Choice of Toppings 7,8,9

> **Rustic Roast Potatoes** Broccoli, Carrots

Crispy Cake 1,3,7,16 Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

Roast Pork & Gravy Cauliflower Cheese Bake 1,7 V

> Green Beans, Carrots

THURSDAY

Beef Bolognaise Pasta Bake 1,7 Loaded Bean Chilli Wedges VG Jackets with a Choice of Toppings 7,8,9

> **Green Beans Grated Carrots**

Parsnip Brownie 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

Beef Stew & Dumpling 1 Pesto Pasta Bake 1,7 V Jackets with a Choice of Toppings 7,8,9

> Cauliflower, Green Beans

Apple & Cinnamon Pinwheel 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

Beef Cottage Pie

Herby Tomato Pasta 1 VG

Jackets with a Choice of Toppings 7,8,9

Seasonal Vegetables

Beetroot Cake 1 VG

Mr Nourish Biscuit 1 VG

Yoghurt 3,7, Fruit Pots VG

Pork Sausages 1,3,6 Vegetable Sausage VG

FRIDAY

Jackets with a Choice of Toppings 7,8,9

Chips, Sweetcorn, Baked Beans **Cucumber Sticks**

Oaty Cookie 1,15 VG Yoghurt 3,7 Fruit Pots VG

Salmon Bites 1.8 Margherita Pizza 1,3,7 V Jackets with a Choice of Toppings 7,8,9

> Chips, Peas, Coleslaw 9

Marble Cookie 1 VG Yoghurt 3.7 Fruit Pots VG

Fish Fingers 1,8 Cheese, Carrot & Tomato Swirl 1,7 V Jackets with a Choice of Toppings 7,8,9

> Chips, Peas, Baked Beans, **Grated Carrot**

Caramel Flapjack 1,7,15 V Yoghurt 3,7, Fruit Pots VG

Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes.

Fruit Jelly **VG** Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

Burlington

AVAILABLE DAILY 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

