

Year 1

Week 3 home learning.  
PSHE

# Last week we learnt about achievements

Have you worked towards any of your goals this week?

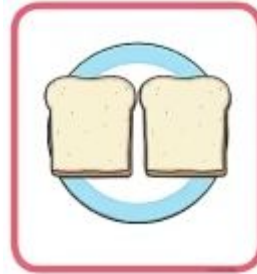
Have you worked hard in your maths learning?

Have you practiced on your bike?

Have you started joining up your writing?



Can you put these steps to make a jam sandwich in the correct order?



Can you act out each step once you have put them in order

A jam sandwich does not just appear.

If you want to eat a jam sandwich you need to follow the steps to make it.

This is the same for our goals. We need to follow small steps in order to reach a large goal.

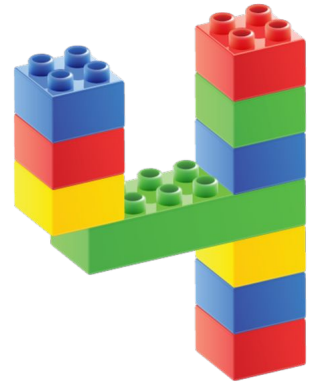
Think of a small goal, it could be...

Making a lego tower.

Drawing a picture of a dog.

Making a cheese sandwich.

...Or anything that you can do at home!



I have had a think and my goal is to be better at catching a ball.

What small steps do I need to take? Here are some things I need to think about:

1. What do I need?
2. Who will help me?
3. What will I do?
4. What learning character will I have to be?
5. How will I feel when I reach my goal?

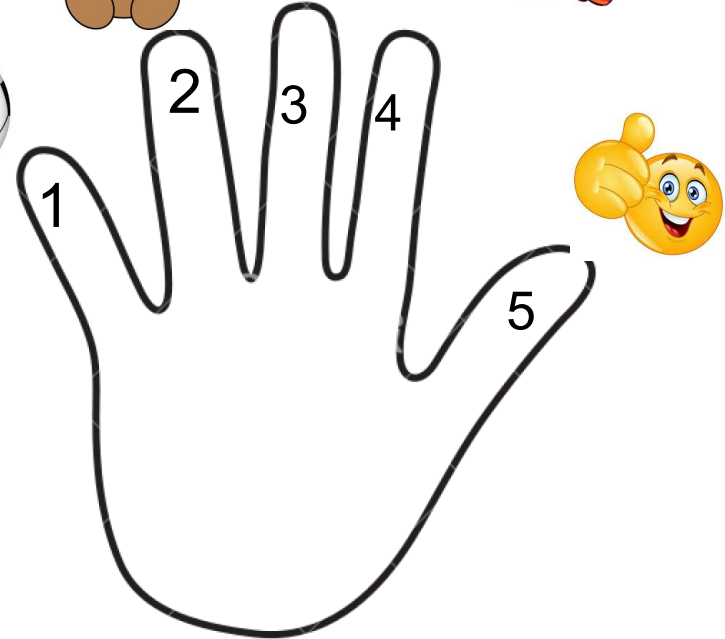
I am going to use these questions to help me make a plan that will help me achieve my goal. I will draw my answers on my hand plan.

1. What do I need?
2. Who will help me?
3. What will I do?
4. What learning character will I have to be?
5. How will I feel when I reach my goal?

Burlington Bear



Polly parrot



Can you make a hand plan?

Draw around your hand.

Draw the pictures.

Use the questions to help you.

1. What do I need?
2. Who will help me?
3. What will I do?
4. What learning character will I have to be?
5. How will I feel when I reach my goal?