

# WEEK 1

## REDUCED MENU

**Option 1**

**Monday.**

Vegetarian Sausage Hotdog



**Tuesday.**

Pasta Bolognaise

**Wednesday.**

Cottage/Shepherds Pie



**Thursday.**

Chicken and Sweetcorn Pie served with New Potatoes

**Friday.**

Gluten Free Battered Fish served with Chips

**Option 2**

Tomato and Basil Pasta



Jacket Potato served with Cheese or Baked Beans



Sweet Potato and Chick Pea Curry served with Steamed Rice



Jacket Potato served with Cheese or Baked Beans



Vegetable Nuggets served with Chips



**Vegetables**

Sweetcorn



Garden Peas



Green Beans



Carrots



Baked Beans



**Dessert**

Rice Krispie Cake



Fruit Crumble



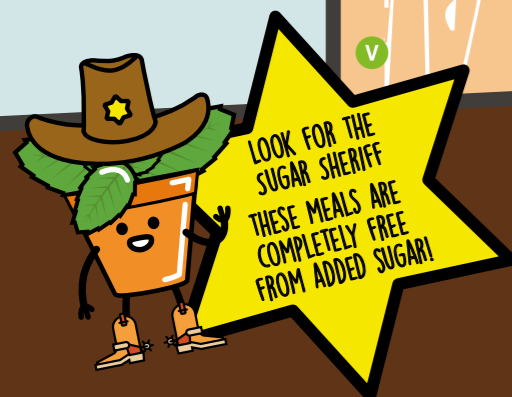
Fresh Fruit Salad



Jam and Coconut Sponge



Yoghurt



LOOK FOR THE SUGAR SHERIFF THESE MEALS ARE COMPLETELY FREE FROM ADDED SUGAR!



# WEEK 2

## REDUCED MENU

**Option 1**

**Monday.**

Macaroni Cheese



**Tuesday.**

Chilli Con Carne served with Steamed Rice

**Wednesday.**

Sausage served with Mashed Potato and Gravy



**Thursday.**

Cheese and Tomato Pizza

**Friday.**

Gluten Free Battered Fish served with Chips

**Option 2**

Jacket Potato served with Cheese or Baked Beans



Vegetable Burger



Vegetarian Sausage served with Mashed Potato and Gravy



Jacket Potato served with Cheese or Baked Beans



Winter Vegetable Frittata served with Chips



**Vegetables**

Garden Peas



Sweetcorn



Carrots



Green Beans



Baked Beans



**Dessert**

Oaty Cookie



Apple Sponge



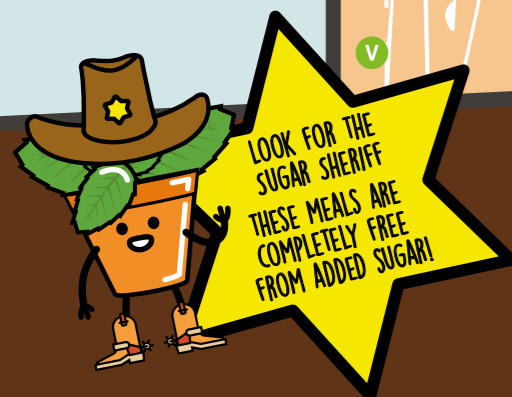
Fresh Fruit Salad



Orange Iced Sponge



Yoghurt



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