

How do I make a referral for support from the

Kingston & Richmond Child and Adolescent Mental Health Services (CAMHS)?



You can make a referral yourself or ask your family

-Families of children up to 18 years
-Young people aged 16 and 17 years can refer themselves to Kingston & Richmond CAMHS SPA.

Please try to give us as much information as possible including examples of concerns, behaviours or risk.



Ask your school to make a referral

We would recommend asking your school SENCO, pastoral team, or safeguarding team to make the referral, especially if the difficulties are affecting school life.

Please try to give us as much information as possible including examples of concerns, behaviours or risk.



Ask another professional to make a referral

Some professionals who might refer you to CAMHS are:
Paediatricians, GPs,
School nurses,
Social care,
Therapists,
Counsellors etc.

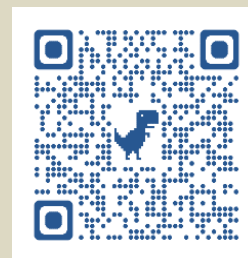
Please try to give us as much information as possible including examples of concern, behaviours or risk.

For young people who live or have a GP in the Kingston & Richmond area, referrals are made to the Kingston & Richmond CAMHS Single Point of Access.

We review referrals and refer on to the best service to support the young person with the current concerns.

Go to our website and click 'referrals' for more information on how to make a referral:

<https://www.swlstg.nhs.uk/our-services/find-a-service/service/kingston-camhs-spa>



We do not prioritise referrals from any professional over referrals from families or young people. We would recommend referring using the quickest, easiest, and most comfortable way for you.

If you need support in a crisis, please call our 24/7 mental health support line: 0800 028 8000