

Sports Day

Sports Day is a fun morning, afternoon or full day where children take part in different sporting activities at school and families come to watch. It is usually held outside, on the school field or playground. It usually happens in the summer term, during May, June or July.



Competition Time

- Some schools choose to have Sports Day just for fun and some make it a competition, where children score points for their team or school house.
- The winning team sometimes wins a trophy!
- You might earn a rosette, certificate or medal too.

Which Sporting Activities Are There?

Every school chooses their own sport activities to include. There are many different races, including running, egg and spoon, space hopper, mini-hurdles, dressing up, skipping, sack, three-legged, bat and ball, obstacle and relay. Some schools also have an adults' race for parents and adult family members, and a toddler race for younger brothers and sisters.



Questions

1. **Tick two:** Places at school where Sports Day usually takes place are...

- ☐ inside the classroom
- ☐ on the school field
- ☐ on the playground
- ☐ in the library

2. In which term does Sports Day usually happen?

- ☐ autumn term
- ☐ spring term
- ☐ summer term

3. **Tick two:** Things you might earn on Sports Day are...

- ☐ a pen
- ☐ a rosette
- ☐ a test
- ☐ a certificate
- ☐ a medal

4. Find and copy one word which means 'picks'.

5. Complete the sentence by adding the missing word.

Some schools choose to have Sports Day just for _____ and some make it a competition.

Answers

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